



PATANJALI COLLEGE OF YOGA & RESEARCH CENTRE (Regd.)

Affiliated to: Tamilnadu Physical Education & Sports University

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Branches: West Mugappair, Villivakkam, Sholinganallur, Tambaram, Tisaiyanvilai, Uvari, Nagercoil, Pollachi, Hosur, Nagappatinam, Ambature

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DIRECTORATE OF DISTANCE EDUCATION ADMISSION OPEN FOR / FEES STRUCTURE

| S. No | Course Code | Name of the Courses | Programme Code | Eligibility* | Duration | Tuition Fee Structure |
|---|-------------|---|----------------|--|---------------|-----------------------|
| | | | | | Fees Per Year | |
| UNDER GRADUATE COURSES (Bachelor Degree) | | | | | | |
| 1 | 001 | B.Sc., in Memory Development & Psycho Neurobics (Lateral Entry) | BSPN(L) | Diploma in Memory Development & Psycho Neurobics | 2 Years | 4480 |
| 2 | 002 | B.Sc., in Memory Development & Psycho Neurobics | BSPN | 10+2 or 10 th & any 2 Years ITI / Diploma | 3 Years | 4480 |
| 3 | 003 | B.Sc., in Yoga | BSY | 10+2 or 10 th & any 2 Years ITI / Diploma | 3 Years | 4480 |
| 4 | 004 | B.Sc., in Yoga (Lateral Entry) | BSY (L) | Diploma in Yoga | 2 Years | 4480 |
| 5 | 005 | B.Sc., in Yoga and Naturopathy | BSYN | 10+2 or 10 th & any 2 Years ITI / Diploma | 3 Years | 6720 |
| 6 | 006 | B.Sc., in Yoga and Naturopathy (Lateral Entry) | BSYN (L) | Diploma in Yoga & Naturopathy | 2 Years | 6720 |
| 7 | 007 | B.Sc., in Yoga for Human Excellence | BSYHE | 10+2 or 10 th & any 2 Years ITI / Diploma | 3 Years | 2000 |
| 8 | 008 | B.Sc., in Yoga for Human Excellence (Lateral Entry) | BSYHE (L) | Diploma in Yoga for Human Excellence | 2 Years | 2500 |
| 9 | 009 | B.Sc., in Yoga and Nature Cure | BSYNC | Any Degree (10+2+3) | 3 Years | 4480 |
| 10 | 010 | B.Sc., in Yoga and Nature Cure (Lateral Entry) | BSYNC (L) | Diploma in Yoga and Nature Cure | 3 Years | 4480 |
| 11 | 011 | * B.B.A., in Sports Management | BBASP | 10+2 or 10 th & any 2 Years ITI / Diploma | 3 Years | 4480 |
| POST GRADUATE COURSES (Master Degree) | | | | | | |
| 12 | 101 | MBA. General | MBA.(G) | Any Graduate in 50% (10+2+3) | 2 Years | 8960 |
| 13 | 102 | MBA. Sports Management | MBA.(SM) | Any Graduate in 50% (10+2+3) | 2 Years | 8960 |
| 14 | 103 | MBA. Sports Information System | MBA.(SIS) | Any Graduate (10+2+3) | 2 Years | 8960 |
| 15 | 104 | M.Sc., in Naturopathy and Yogic Science | MSNYS | Any Graduate (10+2+3) | 2 Years | 8960 |
| 16 | 105 | M.Sc., in Memory Development and Psycho Neurobics | MSMDPN | Any Graduate (10+2+3) | 2 Years | 10080 |
| 17 | 106 | M.Sc., in Memory Development and Psycho Neurobics (Lateral Entry) | MSMDPN(L) | P G Diploma in Memory Development & Psycho Neurobics | 1 Year | 10080 |
| 18 | 107 | M.Sc., in Psychology | MSPC | Any Graduate (10+2+3) | 2 Years | 4480 |
| 19 | 108 | M.Sc., in Sports Journalism | MSSJ | Any Graduate (10+2+3) | 2 Years | 4480 |
| 20 | 109 | M.Sc., in Varma and Thokkanam (Massage) Sciences | MSVTMS | Any Graduate (10+2+3) | 2 Years | 8960 |

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|----|-----|---|-------------|--|---------|--------------|
| 21 | 110 | M.Sc., in Varma and Thokkanam (Massage) Sciences (Lateral Entry) | MSVTMS(L) | P G Diploma in Varma & Thokkanam (M) Sciences | 1 Year | 8960 |
| 22 | 111 | M Sc., in Yoga | MSY | Any Graduate (10+2+3) | 2 Years | 7840 |
| 23 | 112 | M.Sc., in Yoga (Lateral Entry) | MSY(L) | P G Diploma in Yoga | 1 Year | 10080 |
| 24 | 113 | M.Sc., in Yoga and Nature Cure | MSYNC | Any Graduate (10+2+3) | 2 Years | 8960 |
| 25 | 114 | M.Sc., in Yoga and Nature Cure (Lateral Entry) | MSYNC(L) | P G Diploma in Yoga & Nature Cure | 1 Year | 8960 |
| 26 | 115 | M.Sc., in Yoga and Naturopathy | MSYN | Any Graduate (10+2+3) | 2 Years | 8960 |
| 27 | 116 | M.Sc., in Yoga and Naturopathy (Lateral Entry) | MSYN(L) | P G Diploma in Yoga & Naturopathy | 1 Year | 8960 |
| 28 | 117 | M.Sc., in Yoga for Human Excellence | MSYHE | Any Graduate (10+2+3) | 2 Years | 2000 |
| 29 | 119 | M.Sc., in Yoga Therapy | MSYT | (10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S | 2 Years | 10080 |
| 30 | 120 | M.Sc., in Yoga Therapy (Lateral Entry) | MSYT(L) | P G Diploma in Yoga Therapy | 1 Years | 10080 |
| 31 | 121 | M.Sc., in Nature Cure and Yoga | MSNY | Any Graduate (10+2+3) | 2 Years | 8960 |
| 32 | 122 | M.Sc., in Nature Cure and Yoga (Lateral Entry) | MSNY | P G Diploma in Nature Cure & Yoga | 1 Years | 8960 |
| 33 | 123 | * M.Sc., in in Yoga Therapy, Varma and Herbal Science | MSYTVHS | (10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S | 2 Years | 8960 |
| 34 | 124 | * M.Sc., in in Yoga Therapy, Varma and Herbal Science (Lateral Entry) | MSYTVHS (L) | P G Diploma Yoga Therapy, Varma and Herbal Science | 1 Years | 10080 |

P G DIPLOMA COURSES

| | | | | | | |
|----|-----|---|---------|--|--------|-------------|
| 35 | 201 | P.G. Diploma in Clinical Yoga and Nature Cure | PGDCYNC | Any Graduate (10+2+3) | 1 Year | 4480 |
| 36 | 202 | P.G. Diploma in Counseling | PGDC | Any Graduate (10+2+3) | 1 Year | 4480 |
| 37 | 203 | P.G. Diploma in Exercise Therapy | PGDET | Any Paramedical Courses B.Sc. Phy., Edn., B.P.Ed., M.P.Ed., B.P.E., B.Sc., & M.Sc., Exercise Physiology and Nutrition, M.Sc., Bio-Mechanics and Kinesiology and Yoga | 1 Year | 4480 |
| 38 | 204 | P.G. Diploma in Fencing | PGDF | Any Graduate (10+2+3) | 1 Year | 4480 |
| 39 | 205 | P.G. Diploma in Fitness and Nutrition | PGDFN | Any Graduate (10+2+3) | 1 Year | 4480 |
| 40 | 206 | P.G. Diploma in Fitness and Wellness Management | PGDFWM | Any Graduate (10+2+3) | 1 Year | 4480 |
| 41 | 207 | P.G. Diploma in GYM / Fitness Instructor | PGDGFI | Any Graduate (10+2+3) | 1 Year | 5600 |
| 42 | 208 | P.G. Diploma in Karate | PGDK | Any Graduate (10+2+3) & Black Belt Above II Dan | 1 Year | 5600 |
| 43 | 209 | P.G. Diploma in Kubudo | PGDKU | Any Graduate (10+2+3) | 1 Year | 5600 |
| 44 | 210 | P.G. Diploma in Memory Development & Psycho Neurobics | PGDMDPN | Any Graduate (10+2+3) | 1 Year | 4480 |

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|----|-----|---|---------|--|--------|--------------|
| 45 | 211 | P.G. Diploma in Naturopathy and Yogic Science | PGDNYS | Any Graduate (10+2+3) | 1 Year | 5600 |
| 46 | 212 | P.G. Diploma in Obesity & Weight Management | PGDOWM | Any Graduate (10+2+3) | 1 Year | 4480 |
| 47 | 213 | P.G. Diploma in Onfield Sports Injury Management | PGDOSIM | Any Graduate (10+2+3) & B.P.T, / M.P.T with 50% | 1 Year | 6720 |
| 48 | 214 | P.G. Diploma in Panchakarma Therapy | PGDPT | Any Graduate (10+2+3) | 1 Year | 5600 |
| 49 | 215 | P.G. Diploma in Silambam Fencing | PGDSF | Any Graduate (10+2+3) | 1 Year | 5600 |
| 50 | 216 | P.G. Diploma in Sports First Aid | PGDSFA | Any Graduate (10+2+3) with Degree with Physical Education / Coaching / Allied Health Sciences | 1 Year | 6720 |
| 51 | 217 | P.G. Diploma in Sports Technology | PGDST | Any Graduate (10+2+3) | 1 Year | 5600 |
| 52 | 218 | P.G. Diploma in Tai Chi Chaun | PGDTCC | Any Graduate (10+2+3) | 1 Year | 5600 |
| 53 | 219 | P.G. Diploma in VARMA and Thokkanam (Massage) Sciences | PGDVTMS | Any Graduate (10+2+3) | 1 Year | 6720 |
| 54 | 220 | P.G. Diploma in Yoga | PGDY | Any Graduate (10+2+3) | 1 Year | 4480 |
| 55 | 221 | P.G. Diploma in Yoga and Nature Cure | PGDYNC | Any Graduate (10+2+3) | 1 Year | 4480 |
| 56 | 222 | P.G. Diploma in Yoga and Naturopathy | PGDYN | Any Graduate (10+2+3) | 1 Year | 4480 |
| 57 | 223 | P.G. Diploma in Yoga Therapy and Asthma & Sinusitis | PGDYAS | (10+2+3) Any UG Degree with Yoga / Any Degree with Diploma or P G Diploma in Yoga or M.B.B.S or BDS or Degree in Nursing or B.P.T or M.P.T or B.Y.N.S or B.H.M.S or B.A.M.S or B.U.M.S | 1 Year | 6720 |
| 58 | 224 | P.G. Diploma in Yoga and Back Pain | PGYBP | | 1 Year | 6720 |
| 59 | 225 | P.G. Diploma in Yoga and Diabetes | PGDYD | | 1 Year | 6720 |
| 60 | 226 | P.G. Diploma in Yoga Therapy, Varma and Herbal Science | PGDYVHS | | 1 Year | 6720 |
| 61 | 227 | P.G. Diploma in Yoga Therapy and Women Related Ailments | PGDYWRA | | 1 Year | 6720 |
| 62 | 228 | P.G. Diploma in Yoga Therapy and Yogic Diet | PGDYTYD | | 1 Year | 6720 |
| 63 | 230 | P.G. Diploma in Yoga Therapy | PGDYT | | 1 Year | 6720 |
| 64 | 231 | P.G. Diploma in Adventures Sports | PGDAS | Any Graduate (10+2+3) | 1 Year | 32000 |
| 65 | 232 | P.G. Diploma in Nature Cure and Yoga | PGDNKY | Any Graduate (10+2+3) | 1 Year | 4480 |

DIPLOMA COURSES

| | | | | | | |
|----|-----|--|-------|---|--------|--------------|
| 66 | 301 | Diploma in Aerobic Instructor | DAI | 10+2 or any 2 Years ITI / Diploma | 1 Year | 13440 |
| 67 | 302 | Diploma in Fencing | DFE | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 68 | 303 | Diploma in GYM / Fitness Instruction | DGF | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 69 | 304 | Diploma in Judo | DJU | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 70 | 305 | Diploma in Kalaripayattu | DKA | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 71 | 306 | Diploma in Karate | DKA | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 72 | 307 | Diploma in Kubudo | DKU | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 73 | 308 | Diploma in Kungfu | DKUN | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 74 | 309 | Diploma in Life Guard Training | DLGT | 10+2 or any 2 Years ITI / Diploma with 400 Mtrs | 1 Year | 4480 |
| 75 | 310 | Diploma in Memory Development & Psycho | DMDPN | 10+2 or any 2 Years ITI / | 1 Year | 4480 |

| | | Neurobics | | Diploma | | |
|----|-----|---|-------|-----------------------------------|--------|--------------|
| 76 | 311 | Diploma in Naturopathy and Yogic Science | DNYS | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 77 | 312 | Diploma in Panchakarma Therapy | DPT | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 78 | 313 | Diploma in Psycho Analysis and Delta Healing | DPADH | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 79 | 314 | Diploma in Silambam Fencing | DSF | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 80 | 315 | Diploma in Sports Technology | DST | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 81 | 316 | Diploma in Taekwondo | DTA | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 82 | 317 | Diploma in Taichi Chaun | DTC | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 83 | 318 | Diploma in VARMA and Thokkanam (Massage) Sciences | DVTMS | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 84 | 319 | Diploma in Wush | DWU | 10+2 or any 2 Years ITI / Diploma | 1 Year | 4480 |
| 85 | 320 | Diploma in Yoga | DYO | 10+2 or any 2 Years ITI / Diploma | 1 Year | 3360 |
| 86 | 321 | Diploma in Yoga and Nature Cure | DYNC | 10+2 or any 2 Years ITI / Diploma | 1 Year | 3360 |
| 87 | 322 | Diploma in Yoga and Naturopathy | DYN | 10+2 or any 2 Years ITI / Diploma | 1 Year | 3360 |
| 88 | 323 | Diploma in Yoga and Child Care Development | DYCC | 10+2 or any 2 Years ITI / Diploma | 1 Year | 3360 |
| 89 | 324 | Diploma in Yoga Education and Therapy | DYET | 10+2 or any 2 Years ITI / Diploma | 1 Year | 3360 |
| 90 | 325 | Diploma in Yoga for Human Excellence | DYHE | 10+2 or any 2 Years ITI / Diploma | 1 Year | 1500 |
| 91 | 326 | Diploma in Yoga for Human Excellence(Weekend Part Time) | WDYHE | 10+2 or any 2 Years ITI / Diploma | 1 Year | 1000 |
| 92 | 328 | Diploma in Adventure Sports | DAS | 10+2 or any 2 Years ITI / Diploma | 1 Year | 32000 |
| 93 | 329 | * Diploma in Yoga for Youth Empowerment | DYYE | 10+2 or any 2 Years ITI / Diploma | 1 Year | 600 |

CERTIFICATE COURSES

| | | | | | | |
|-----|-----|--|-------|---|----------|--------------|
| 94 | 401 | Certificate in Aerobic Instructor | CAI | 10th or its equivalent | 6 Months | 11200 |
| 95 | 402 | Certificate in GYM / Fitness Instruction | CGFI | 10th or its equivalent | 6 Months | 2800 |
| 96 | 403 | Certificate in Health Literacy | CHL | 10th or its equivalent | 6 Months | 2240 |
| 97 | 404 | Certificate in Karate | CKA | 10th or its equivalent | 6 Months | 2800 |
| 98 | 405 | Certificate in Kubudo | CKU | 10th or its equivalent | 6 Months | 2800 |
| 99 | 406 | Certificate in Kungfu | CKUN | 10th or its equivalent | 6 Months | 2800 |
| 100 | 407 | Certificate in Memory Development & Psycho Neurobics | CMDPN | 10th or its equivalent | 6 Months | 2240 |
| 101 | 408 | Certificate in Panchakarma Therapy | CPT | 10th or its equivalent | 6 Months | 2800 |
| 102 | 409 | Certificate in Scuba Diving | CSD | 10th or its equivalent, Body Open Water Diver Guard | 6 Months | 2800 |
| 103 | 410 | Certificate in Silambam Fencing | CSF | 10th or its equivalent | 6 Months | 2800 |
| 104 | 411 | Certificate in Tai- chi- Chuan | CTA | 10th or its equivalent | 6 Months | 2240 |
| 105 | 412 | Certificate in Yoga | CYO | 10th or its equivalent | 6 Months | 2240 |
| 106 | 413 | Certificate in Yoga and Nature Cure | CYNC | 10th or its equivalent | 6 Months | 2240 |

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| 107 | 414 | Certificate in Yoga and Naturopathy | CYN | 10th or its equivalent | 6 Months | 2240 |
| 108 | 416 | Certificate in Yoga for Human Excellence | CYHE | 10th or its equivalent | 6 Months | 2240 |
| 109 | 417 | Certificate in Yogic Science | CYS | 10th or its equivalent | 6 Months | 2240 |
| 110 | 418 | Certificate in Yoga for Human Excellence (Weekend Part Time) | WCYHE | 10th or its equivalent | 6 Months | 1400 |
| 111 | 419 | Certificate Course in Nature Cure and Yoga | CNCY | 10th or its equivalent | 6 Months | 2240 |
| 112 | 420 | * Certificate in Yoga for Youth Empowerment | CNY | 10th or its equivalent | 6 Months | 400 |